

COVID-19 Preparedness at Premiere Home Health

We recognize the trust you place in us when you choose us for your care. Your health, safety and that of our team is our top priority. We want to help provide information and guidance for our patients and your loved ones to keep you informed about the COVID-19 virus pandemic.

What Can You Do?

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer. YES, IT'S THAT EFFECTIVE!
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick (important enough to repeat).
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

Coronavirus (COVID-19), cold and flu: How can you tell the difference?*				
	SYMPTOMS	CORONAVIRUS	COLD	FLU
	Sore throat	Sometimes	Common	Common
	Cough	Common	Common	Common
	Sneezing	—	Common	Sometimes
	Fever	Common	—	Common
	Body aches	Sometimes	Mild	Common
	Tiredness	Sometimes	Mild	Common
	Headache	—	—	Common
	Runny/stuffy nose	—	Common	Sometimes
	Nausea	—	—	Sometimes
	Shortness of breath	In severe cases	—	—

*Sources: Centers for Disease Control and Prevention, World Health Organization
†Information on COVID-19, including its symptoms, is still emerging.

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Premiere Home Health is implementing a whole patient, multi-disciplinary Emergency Preparedness Plan to prepare for and coordinate our efforts while we prepare for the virus in accordance with the St. Charles Public Health Department, The Missouri State Health Department and the Center for Disease Control (CDC). We are:

- Implementing emergency preparedness plans, including review of our Infection Control Policies and Procedures, Patient Emergency Preparedness Plan, Emergency Preparedness Plan for 2020 and Staff Inventory of Personal Protective Equipment (PPE).
- Following our standard clinical protocols for preventing the spread of infectious diseases, including proper hand hygiene as well as avoiding placement of medical bags and other materials on surfaces in patients' homes.
- *Supplementing our Infection Control Manual with a COVID-19 specific policy, including screening for illness post travel or potential exposure.*
- Working with local and national public health resources to ensure we have the most up-to-date information in our approach to managing the spread of the virus.
- Educating patients on symptoms that indicate a need for emergency help or further medical care.

If you are currently a patient of Premiere Home Health or a caregiver of a patient, please direct any questions or concerns to us at 636 916-0022, www.premierecareSTL.com